

NC FUSION - TRIAD



Program Descriptions and Playing Levels

Starting in the Fall of 2018, NC Fusion will be expanding our levels of programming. As a club we wanted to provide an additional level of highly competitive soccer by adding the **NC Fusion Elite** into our competitive player pathway. Our programming will begin at the **U13** age group and continue to the **U18/19** age group.

As a player progresses through our pathway from **u12** home clubs to the **u13** Fusion Triad program, the top 16-18 players will be placed to the **NC Fusion ECNL** team. The next 16-18 players will be placed on the **NC Fusion Elite** teams. Players not selected to be a part of the NC Fusion program will be encouraged to attend their home club tryouts at NCF GUSA and NCF Twins.

The u13/14 Fusion ECNL & Elite program is a 10 month program that consists of three training sessions per week, games, and showcase events. Players from the Elite team (at all ages) may be invited to participate with the ECNL team for training, games and/or showcase events. Player promotion is based on performance and team needs.

As a player progresses into the **u15 – u18/19** age groups, the top 16-18 players will be placed to the Fusion ECNL team. The next 16-18 players will be placed on the Fusion Elite teams. Players not selected to be a part of the Fusion program will be encouraged to attend their home club tryouts at NCF GUSA and NCF Twins.

The u15 – u19 Fusion ECNL & Elite teams change to a 7 month program due to the high school playing season (Feb-May). The program will last from August to January, as well as part February and May for showcase events. ECNL programs that qualify for the ECNL National Playoffs will train in June, but will be responsible for additional costs.



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NC Fusion Triad: Program Benefits

Training Environment

- 3 Team Sessions
- Sessions are split between Greensboro & Winston-Salem
- 4th optional specialized training session
- 90 Minute training duration
- Speed & agility sessions
- Futsal & technical training during winter months

College Recruiting

- College recruiting service & support through College Fit Finder
- Current & former collegiate coaches on staff
- Access to top recruiting showcases
- College profiles
- College ID Camp: January

Facilities

- Year-round access to grass, turf & indoor facilities
- Team conference rooms for video analysis, nutrition education, and team meetings.

Film & Highlight Videos

- ECNL & Elite teams games will be filmed
- Video analysis for tactical development
- College Fit Finder: Downloadable video for highlight creation



Additional Programming Opportunities:

- Spring
 - Off-season player development program
 - 6 Weeks: February - April
 - 2x Speed, strength and agility training
 - 2x Technical training
- Summer
 - Lady Dynamo Reserve Program
 - 7 Weeks: June - July
 - 2x Technical training
 - Monday & Wednesday
 - Player pathway opportunity to Lady Dynamo 1st team

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What is the ECNL?

Competitive Platform

The Girls ECNL is the nation's top development and competition platform for female soccer players, with conference competition in six age groups (U13, U14, U15, U16, U17, and U18/U19) and [unmatched collegiate exposure](#) through the ECNL National Events, the largest collegiate showcases in the country. In addition to the competition platform, the Girls ECNL offers [player identification and development opportunities](#) for top players in every conference, unique coaching education and club development programs, and player health and education [resources](#).

The competition platform is comprised of regional conferences and tiered levels of national competition to allow the best match-ups across the league. The ECNL also hosts National Events across the country to give member clubs the opportunity to compete against non-conference teams. The ECNL competition platform includes the following:

- 518 ECNL Teams
- 80 ECNL Member Clubs
- 8 Conferences
- 33 States
- 10 PDP events
- 5 National Events
- 2 Post-Season Events
- 1 USW National Training Camp

[For more information:](#)

Elite Clubs National League: [Click Here](#)



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ECNL: U13 - U18/19

Mid Atlantic Conference

Notes:

- 16 ECNL League Games
- 1 game per day
- 1-2 games per weekend
- 16-18 Player rosters
- League standings
- Id2 National Team Events

Team Travel:

League Games @ VA teams (ALL)
 ECNL TX Showcase
 ECNL NJ Showcase

*All other league games and showcase events are self travel

ECNL Showcases:

ECNL Florida: January
 U15/16/17 & 18/19 Only

ECNL Texas: February
 U15/16/17 – u18/19

ECNL Greer: May
 u13 & u14 Only

ECNL New Jersey: May
 u15/16/17 Only



Mid-Atlantic Conference	
BRYC Elite Academy	Fairfax, Virginia
Carolina Elite Soccer Academy	Greenville, South Carolina
Carolina Rapids	Cornelius, North Carolina
McLean YSA	McLean, Virginia
NC Fusion	Triad, North Carolina
NCFC Youth	Raleigh, North Carolina
Richmond United	Richmond, Virginia
South Carolina United	Columbia, South Carolina
Wilmington Hammerheads	Wilmington, North Carolina

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ECNL: U13 - U19



U13 (2006) and U14 (2005)

Playing Level - Top level in the club

Leagues – Mid-Atlantic Conference (NC, SC, VA) and NCYSA (u13 Only)

of Games: ECNL 16 (8 Home, 8 Away), NCYSA additional 16-18 (u13 Only)

ECNL Events – South Carolina (May)

Fall Events: CSA/NCFC Friendlies, Labor Day Shootout, NCFC

Spring Events - Jefferson Cup, USYS State Cup (u13 Only)

Practices - 3 Practices per week

Season - 10 Months (Fall Aug - Dec, Winter Jan – Feb, Spring March - May)

Playoffs – June/July based off of qualification

Roster Size - 16-18

U13/14 Games & Travel:

League Travel:

- Players travel to all league games with families

Event Travel:

- Players travel to ECNL SC with families

U15 (2004), U16 (2003), U17 (2002) U18/19 (2001/2000)

Playing Level - Top level in club

Leagues – Mid-Atlantic Conference (NC/SC/VA)

of Games – 16 games (8 Home, 8 Away)

ECNL Events: FL (Jan: All Ages), TX (Feb: All Ages), NJ (May: U15/16/17 Only)

Fall Events: CSA/NCFC Friendlies, Labor Day Shootout, NCFC Showcase

Spring Events: Jefferson Cup, Southern Soccer Showcase

Practices - 3 practices per week.

Season – 7 Months (Fall Aug - Dec, Winter Jan - Feb, Spring March/April/May)

Playoffs – June/July based off of qualification

Roster Size - 16-18

U15-19 Games & Travel:

League Travel:

- Players travel to games within NC & SC with families.
- Travel to VA games will be team travel (Bus/Hotel)

Event Travel:

- Travel to ECNL FL & Jeff Cup will be with families.
- Travel to ECNL TX & NJ (U15/16/17) will be Team Travel (Bus/Vans & Hotel)

School Sports:

U13-14 ECNL Players - Middle school soccer not advised. Other sports are encouraged outside of ECNL training

U15-U18/19 ECNL Player - High Soccer is permitted along with other sports outside of ECNL Training

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What is NC Fusion Elite?

Competitive Platform

The design of the Elite team is to provide a more competitive playing environment for players in the Triad area on a year-round basis. The Elite teams will be the 2nd level for players in the NC Fusion Triad. Players on the Elite team will have direct access to the ECNL platform:

- 3 Training Sessions per week
- Attendance in top showcase events
- Potential call-up to ECNL team for Training, Matches or Events
- Film sessions
- Optional 4th training session
- Speed and Agility Training
- Facilities
- Nutrition Education
- Sport Psychology

The Elite teams will be a part of the US Youth Soccer Association and will play in either the Southern Regional Premier League, Premier or 1st Division NCYSA. Elite teams will also play in the USYS State Cup. Teams that win their SRPL league or USYS State Cup can participate in the USYS National Championship Series.

For more information:

Southern Regional Premier League - East: [Click Here](#)

NCYSA Leagues: [Click Here](#)

USYS State Cup – NC: [Click Here](#)



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Elite Teams: U13 - U18/19



Southern Regional Premier League Teams:

SRPL is divided into three Sub-Regions:

East: e-Florida, Georgia, **North Carolina**, South Carolina, e-Tennessee

West: Oklahoma, North Texas, South Texas

Central: Arkansas, n-Louisiana, n-Mississippi, w-Tennessee, Alabama, w-Florida, s-Louisiana, s-Mississippi

REGION III



Teams that win their conference advance to the Southern Regional Championships and an opportunity to take part in the USYS Championship Series.

Premier // NCYSA Teams:

NCYSA Teams that win the USYS NC State Cup can also qualify for the USYS Championship Series.



NC Fusion Elite Showcases:



Labor Day Shootout: September

WAGS: October

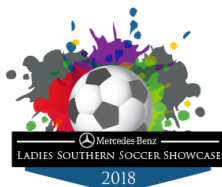


NCFC Showcase: December

Jefferson Cup: March



**Friendly events will also be included in Elite programming



Southern Soccer Showcase: April



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Elite Teams: U13 – U18/19

U13 (2006) & U14 (2005)

Playing Level – 2nd Level in the club

Leagues: Southern Regional Premier League // NCYSA Level

of Games – Approx. 24 games over the Fall & Spring (12 Home, 12 Away)

Fall Events – CSA/NCFC Friendlies, Labor Day Shootout, WAGS, NCFC

Spring Events – Jefferson Cup, Southern Soccer Showcase

USYS State Cup: Yes

Practices – 3 practices per week

Season – 10 Months over two seasons (Fall Aug-Nov, Spring Jan - May)

Playoffs – June/July

Roster Size – 16-18

U13 & 14 Games & Travel:

League Travel:

- Players travel to games with families
*Occasional overnight stay required at instate festival or additional tournament

Event Travel:

- Players travel to events with families

U15 (2004), U16 (2003), U17 (2002), U18 (2001) & U19 (2000)

Playing Level – 2nd Level in the club

Leagues – Southern Regional Premier League // NCYSA Level

of Games – Approx. 10 to 16 games during the fall (5 to 8 Home, 5 to 8 Away)

Fall Events – CSA/NCFC Friendlies, Labor Day Shootout, WAGS, NCFC

Spring Events - Jefferson Cup, Southern Soccer Showcase

USYS State Cup - Yes

Practices - 3 practices per week.

Season - 7 Months (Fall Aug – Dec, Winter Jan, Spring March/April)

Playoffs: June/July

Roster Size - 16-18

U15-19 Games & Travel:

League Travel:

- Players travel to games with families
*Occasional overnight stay required at instate festival or additional tournament

Event Travel:

- Players travel to events with families

School Sports:

U13-14 Elite Players - Middle school soccer not advised. Other sports are encouraged outside of Elite training

U15-U19 Elite Player - High Soccer is permitted along with other sports outside of Elite training